Self-Awareness, Major and Career Exploration links:

Self-Awareness and Career Planning
What you know about yourself and your work preferences

___ Can you clearly state your career goals?
___ Can you name the work activities you do best and enjoy most?
___ Can you identify whether you work best with people, data, or things?
___ Can you list at least five skills and abilities you have which apply to work?
___ Can you explain why you selected your major?
___ Have you decided whether you will consider a career which will require travel or relocation?
___ Can you describe your feelings about supervision and responsibility?
___ Can you summarize your own work experience in terms of work, education, and vocational activities?

A score of less than six “Yes” answers indicates the need to examine your work preferences more closely before proceeding with your job search.