OUR MISSION

The mission of the Georgia Southwestern State University Office of Student Rights and Responsibilities is to foster student engagement and success by promoting a campus culture of safety and well-being through education and awareness initiatives focused on individual responsibility and adherence to community standards of acceptable behavior and civic virtues outlined in the Student Conduct Code. The office will help students understand the impact of their behavior on the global community and to assist them with making future decisions that lead to personal and professional success.

CONTACT US

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Student Success Center
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Director of Student Rights and Responsibilities

GEORGIA SOUTHWESTERN OFFICE OF STUDENT RIGHTS AND RESPONSIBILITIES
WELLNESS COACHING

A WELLNESS COACH CAN WORK WITH YOU TO:

- Set and achieve personal goals
- Initiate and sustain wellness behaviors
- Balance dimensions of health and well-being
- Learn resilience and coping skills
- Identify potential barriers to change and develop strategies to move forward

WELLNESS TOPICS INCLUDE:

- Adjustment to GSW
- Getting connected on campus, finding your peer group
- Stress/anxiety management
- Time management
- Relationships

WELLNESS PROGRAMMING

The Office of Student Rights and Responsibilities will conduct a training, program, or certification session for any student organization, residence hall, or class meeting upon request.

Mental Health First Aid
TIPS Alcohol Bystander Training
QPR Suicide Prevention
Alcohol and Drug Education
Healthy Relationships
Diversity
Conflict Resolution
Life Management
Adulting Skills
Risky vs. Responsible Behavior
Stress Management
Time Management
Organization Skills
Goal Setting
Healthy Habits
Social Media Behavior

WELLNESS AND LIFE COACHING

WELLNESS PROGRAMMING

MENTAL HEALTH FIRST AID TRAINING

STUDENT ADVOCACY

MEDIATION

BEHAVIORAL INTERVENTION TEAM

ALCOHOL, TOBACCO, & OTHER DRUGS TASK FORCE (ATOD)

STUDENT CONDUCT