Thank you for your interest in supporting the GSW Campus Food Pantry which has been established to serve the needs of all student members of the GSW community. Listed below are instructions on how to donate items or financial gifts. *All financial contributions and donations of (new) pantry items qualify for charitable tax deduction.*

**Financial Gifts**

You may contribute financially to the food pantry through the GSW Foundation by designating your gift to the **Residence and Student Life** fund. Visit [https://gsw.edu/giving](https://gsw.edu/giving) to make an online donation or send a check to the **GSW Foundation, 800 GSW State Univ. Drive, Americus, GA 31709**. Checks should be made out to the **GSW Foundation with Residence and Student Life (Campus Food Pantry)** written on the memo line.

**Donated Items**

To donate goods directly to the food pantry, contact **Jason Wicker** (jason.wicker@gsw.edu) or **Josh Curtin** (josh.curtin@gsw.edu), or bring them to the **Division of Student Affairs** (located on the 3rd floor of the Student Success Center) during campus business hours. We will furnish in-kind receipts for donations of new goods which are accompanied with a receipt of purchase. We can also accept donations of items without a purchase receipt; however, we are not able to furnish in-kind receipts for such donations.

Since the GSW Campus Food Pantry is available to all student members of the GSW community, including residential students and commuters, we are able to accept foods which can be prepared or consumed in a residence hall suite with no kitchen as well as items which require the use of a fully functional kitchen to prepare. In addition to food, we also accept and distribute personal care items, cleaning products, paper goods, and school supplies. Included below are several lists of suggested items to donate. Any brands listed are examples, not recommendations or endorsements. Also included is a list of items that we cannot accept or distribute to students.

**Non-Perishable Foods**

- Dry pastas (box or microwavable) - *Ramen Noodles, Easy Mac*
- Canned goods (soup, vegetables, chicken,) - pinto beans, *Campbell's, Chef Boyardee*
- Foods encased in packs or jars (fruit, vegetables, sauces) - *pasta sauce, applesauce, olives*
- Boxed meal starters Items (rice, potatoes, stuffing) - *Hamburger Helper, Stovetop*
- Breakfast items (cereal, oatmeal, grits, pastries) - *Pop Tarts, Captain Crunch, Bisquick*
- Baking goods (sugar, flour, oil, condensed milk) - *brownie or muffin mix*
- Snacks (chips, crackers, granola bars, fruit snacks, candy) - *Oreos, Cheetos*
- Condiments (spreads, jams, salad dressing, salsa) - *peanut butter, mustard, pickles*
- Beverages (water, juice, hot chocolate, coffee) - *Hawaiian Punch, Yoo-hoo*
**Personal Care Items**
Hair Care (shampoo, conditioner, brushes, combs) - *Suave, Goody*
Oral Care (toothpaste, toothbrushes, dental floss, mouthwash) - *Crest*
Soaps (hand, body wash, bars) - *Ivory, Softsoap*
Shaving (disposable razors, gel, cream) - *Gillette, Schick*
Odor Protection (anti-perspirant, deodorant, body spray) - *Right Guard*
Skin Care (lotions, sunscreen, face wash, cleansing wipes) - *Noxema*
Feminine Products - *Always*

**Cleaning Supplies**
Laundry Care (detergent, fabric softener, stain remover, dryer sheets) *Bounce, Shout, Tide*
Kitchen (dishwashing liquid, sponges, degreasers) - *Palmolive, 409, Liquid Plumber*
Bathroom (showers, toilets, mirrors, plungers) - *Tidy Bowl, Comet, mildew remover*
Misc. (antibacterial wipes, dust spray, glass cleaner) - *Lysol, Windex, Pledge, Febreeze*
Tools (broom, dust pan, mop) - *Swiffer Sweeper*

**Paper Products, Storage, etc.**
Toilet paper - *Charmin*
Paper towels - *Bounty*
Napkins - *Viva*
Plastic utensils, plates, and cups - *Chinette, Solo*
Plastic storage bags (sandwich, quart, etc.) - *Ziploc*
Garbage bags - *Hefty*
Batteries, plungers, and flashlights

**School Supplies**
Writing Utensils (pens, highlighters, pencils) - *Bic*
Paper (notebook, graph, index cards, stick notes) - *Mead, Post-It*
Folders, 3-ring binders, legal pads) - *Avery*
Misc. (stapler, tape, paper clips) - *Scotch*

**Items We Can NOT Accept**
Refrigerated or frozen foods (meat, dairy, produce) - *grapes, ice cream, cold cuts*
All medications (over-the-counter, vitamins, topical ointments) - *Tylenol, Icy Hot*
Anything flammable (candles, lighters, fireworks) - *Yankee Candle*
Any product with an expiration date less than one month away
Any product that is not individually wrapped and unsealed
Any product with a missing nutritional label or list of ingredients
Alcohol and tobacco products