

TEACHING STUDENTS HOW TO STUDY

TILT Brown Bag Series
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Students must know about study strategies in order to use them.

INTRODUCING STUDY STRATEGIES TO STUDENTS

- 1. *Model*** the study strategies in your lectures, class activities, and study guides.
- 2. *Take a few minutes of class time*** to explain specific study strategies and how to use them.
- 3. *Reward students*** for using specific study strategies.
 - a. Bonus points
 - b. Low-point required assignment

EVIDENCE-BASED STRATEGIES TO SHARE WITH STUDENTS

- ***Concrete Examples***
 - Use ones from book & class; watch out for online examples
- ***Dual Coding***
 - Combining images with words, like diagraming or concept mapping
- ***Elaboration***
 - Explain and describe ideas with many details
- ***Interleaving***
 - Switch between ideas while you study (don't stay on one for too long!)
- ***Retrieval Practice***
 - Practice bringing information to mind; e.g., self-quizzing
- ***Spaced Practice***
 - Space out studying over time

Help students understand strategies
that ***don't*** work.

STUDY STRATEGIES THAT DON'T WORK

1. Studying one concept for a long period of time
2. Studying for long periods of time
3. Reading and rereading a text
4. Highlighting or underlining concepts
5. Reviewing notes

These strategies don't necessarily hurt, but they are not an efficient use of students' time.

RESOURCES

- GSW Office of Teaching and Learning Teaching and Learning Resource page (Under “Study Strategies”)
 - <https://www.gsw.edu/faculty-resources/teaching-learning/resources>
- Brown, P. C., Roediger, H. L., & McDaniel, M. A. (2014). *Make it stick: The science of successful learning*.
 - <https://www.hup.harvard.edu/catalog.php?isbn=9780674729018>



THANK YOU