



**Mindset Minute**  
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**Strengthening Student Mindset: First Day of Class Activities**

- *Cover syllabus, outcomes, grading components*
- *Explain how grading components reinforce outcomes*
- *Help students see the potential for success*
- *Help the students see your commitment to their success*
- *Short autobiography*
  - What led you to your field?
  - What compelled you to teach?
  - What influences in your past shape the way that you teach?
- *Highlights of your syllabus*
  - Course outcomes & objectives
  - Most important concepts in this class for life
  - Grading components and the math behind the final grade
- *Application of material to life*
  - Significance if this is your major
  - Significance if this is not your major
  - Help students see potential for careers
  - Help students see the value in this topic outside a career
- *Class interaction / Ice Breaker*
  - Get to know each other (introductions)
  - Begin to develop study partners
  - Challenge students to internalize course objectives

**Strengthening Student Mindset: Regularly Recurring Class Activities**

- *Daily or weekly recap of how material applies to life*
- *Summary of how this lesson fits into the big course picture*
- *Identification of how this lesson attaches to objectives*
- *Monthly challenge (pass/fail activity?) for students to internalize material and identify its use in their career*

**TILT (Transparency in Learning and Teaching):**

**Be clear with your class objectives and connect assignments to course goals**

**Purpose:** Skills practiced, Knowledge gained, Relevance to students' majors, careers, & lives,

**Task:** What students will do; How they can do it

**Criteria:** Rubric so students can self-evaluate; Examples of excellent work